

Growmoore.org - Six Minute Seminar

“Three Questions to ask yourself.”

Here are three questions to ask yourself after every meeting, gathering, business phone call, work endeavor, etc.

1 - What did I love?

What about _____ did I really enjoy?
What worked? What moved us forward?
What sparked excitement in myself and others?
What was productive?

2 - What did I learn?

Instead of getting into the ditch of going negative by asking questions like, "What did I do wrong?" or "What would I do different?", ask yourself ... “What did I learn?”.
What did I discover that was counter-productive to the result I desired?

3 - What am I going to do?

Based on what I loved and what I learned, what steps do I need to take?
Who do I need to call or inform?
What tweaks do I need to make before my next _____.

I would love to connect with you and hear your story!
Feel free to email me anytime at growmoore@gmail.com.