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Turning your goal into a game-plan.

Working backwards, ask yourself three questions.

1 - What is the desired result?

2 - What will cause the desired result?

3 - What do I need to do / change to start the process?

Example:

1 - What is desired result - relaxed life.

2 - What will cause the desired result - a hobby

3 - What do I need to do to start process - create margin in schedule

Goal statement:
"Create margin in my schedule to have a hobby that helps me relax."

When we go through this process, our goal, becomes less of a dream that we hope comes true, and more of a step by step game plan that helps us achieve the result we're looking for.

Thanks for downloading the PDF. Take this and teach it to your team.
If I can help you in anyway feel free to email me at growmoore@gmail.com.