

growmoore.org  
**Stop Making Excuses**

1 - What areas in your life are you consistently making excuses?

2 - Write down four excuses you have heard yourself say?

3 - What is the idea that you have?  
What is the thing you need to do?  
What is it that has been keeping you from doing it?

4 - Will it ever be a perfect time?  
What steps can you take now to start working in your field?

5 - Who can you talk to about your excuses, and have them hold you accountable to start?